## Employee Support Programs 2024

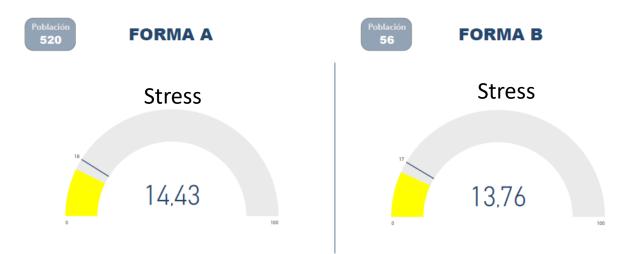
Grupo Energía Bogotá has established programs that seek to enhance and benefit physical, mental and emotional well-being of its employees. These programs focus on the balance of personal and work life, work environment and the emotional well-being of workers.



Mejoramos vidas con energía sostenible y competitiva

### **Featured Programs: Stress Management**

GEB's **psychosocial risk survey** is conducted every two years, considering individual factors that correlate with stress-related symptoms. The most recent survey was conducted in 2023, with the following results:



Based on survey results, multiple activities were carried out within the **psychosocial risk surveillance program**, among others:

- Stress Management Workshops
- Individualized accompaniment in specific cases
- Workshops on the role of leaders in stress prevention and management

Activities were carried out in divisions with medium risk (4 divisions and 143 participants). 7 individual cases were intervened and tools for stress management were provided.

Stress levels at medium risk, indicating a moderate stress response that warrants observation and intervention to prevent negative health effects.



Creador del documento: Manuel Antonio Otalora Baquero - Grupo Energía Bogotá

### Featured programs: Health and Sports

Within the framework of GEB's **Comprehensive Wellness Plan**, activities and programs have been defined to help strengthen the emotional and physical health of employees:

Some of the activities carried out in 2024 were:

- Bowling tournament
- Sports Olympics
- Eco-walks
- Support to compete in athletic races
- Physical activity for seniors
- Health promotion and disease prevention talks
- Blood donation

# The Wellness Plan also includes a wide range of activities for families and for celebrating special dates.

### **Featured programs: Health and Sports**



Ecological Walk 134 attendees (employees and families)



Hike and tree planting 120 attendees (employees and families)



Bowling Tournament 80 employees



81 employees



Physical activity for seniors



Sports Olympics 106 employees



Colorectal Cancer Prevention 40 employees

Q 40:42	Controlar Separar	Chat Gente Participar Reacci		Más Cámara Micróforo Comparte
				Participantes
	SINTOMA		MedPics frescos	Escribe un nombre
	S		3100075	Compartir invitación
( the second		PROSTAT	EGLAND	🧑 Juan David Gonzalez Osorio 🔏
(ZY)	Pelvis • Calculi • Tumor			🧑 Juan Fernando Galofre Cesareo 🕉
028	Tumor			JH Julio Cesar Castillo Hernandez 🔏
Uneter (intrinsic) - Calculi - Turnor	Foreign body (calculi)		SAR!	🚇 Luis Antonio Matiz Torres 🛛 🖇
Clot Inflammation	Ureteral stricture	X		🚇 Luis Rodolfo Hernandez Casad 🖇
Bladder		Ψ	<b>Y</b>	Manolo Montoya Merino 🔏
Calculi Tumors Functional	Narrowing of ureteroversical junction			Martha Patricia Ramirez Sanch 🖇
(e.g., neurogenic)	Prostate • Hyperplasia • Carcinoma	NORMAL	ENLARGED	Melany Dayana Balmaceda Gu 🕉
100,000 at a	Urethral stricture			Nelson Fabian Cuervo Figuere 🖇
Andrea Serna Erazo (Esterno) 🕱				Ver más
O H @ 0	a = v a x a a		📜 14°C Parc sc	ileado 🔨 🌡 🕳 🔟 🔬 🕼 ESP 🕺 936 a.m.

25 employees

Creador del documento: Manuel Antonio Otalora Baquero - Grupo Energía Bogotá

Clasificación: Uso interno

### **Wellness Program: featured activities**

The Comprehensive Wellness Plan has family activities, celebration of special dates and integration of work teams.



Children's Day 31 children participating



Mother's Day 32 attendees



Father's Day 22 attendees in Bogota and 38 gifts sent nationwide



**Family Trips 56** attended with their families



Recreational Vacations 74 children attending



Wind Festival 150 attendees



Family Day 800 attendees



Love & Friendship Bingo 200 attendees

### Family Benefits - Working Conditions and Leave

**Work from home:** GEB has adapted a hybrid work scheme that brings together and balances the advantages of face-to-face office work and teleworking. For more information, please see our **Teleworking and Right to Disconnect Policy**:

https://www.grupoenergiabogota.com/en/content/download/39847/file/Policy%20Teleworking%20and%20Right%20 to%20Disconnect%20from%20Work.pdf

**Part-time work and flexible work**: in 2015 the company implemented a reduced working week of 42 hours for all its employees in GEB (holding) and Enlaza, although the legal working week in Colombia was 48 hours at that time (Law 2101 approved in 2021, set the legal working week at 42 hours starting in 2026). For more information on flexible working and part-time work options, please visit the website: https://www.grupoenergiabogota.com/en/media/geb-web/archivos/talento/internal-work-regulations-geb.pdf

Paid leave other than parental leave: see the following link to learn about the paid leave that GEB offers to its employees: <a href="https://www.grupoenergiabogota.com/en/geb-group/geb-talent/quality-of-life/conventional-paid-leaves">https://www.grupoenergiabogota.com/en/geb-group/geb-talent/quality-of-life/conventional-paid-leaves</a>

ría Rogotá

## **Family Benefits - Lactation Room**

#### GEB Headquarters – Calle 73

At GEB we have a lactation room in a warm and friendly environment, which benefits pregnant and breastfeeding mothers working at GEB, Enlaza and TGI and offers them the appropriate conditions to carry out the extraction and conservation of breast milk, under technical safety standards, to then transport it home and have it available to feed the baby.

This space is adequate and fully equipped to provide the appropriate conditions for the extraction and conservation of breast milk



Grupo Energía Bogotá

- GEB Headquarters Calle 73
- 4th Floor
- Permanently available

ría Rogotá



En el Grupo Energía Bogotá contamos con **espacios de bienestar** para nuestras colaboradoras

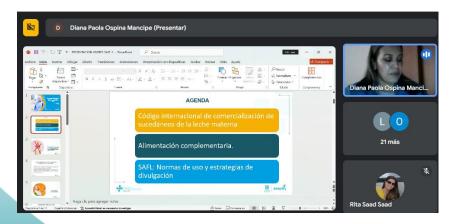
colaboradoras

Grupo

Energía Bogotá

### Lactation room – training and talks

🔊 🔞 🗖 📴 🕼 Meet r	nov-war-mmd X	+											-	0
- C Q D https	//meet.google.com/m	irw-wxar-mmd						*	A	슈	ф <i>с</i>	× @	~	
🛅 Favoritos GEB 🕒 Enterate 🚺	P.A.T.J 🔥 SAP ARIBA	🖞 🕲 nfora - Docur	men 🗅 ABOX	Administra	icion de	BPC Produccion	Correo web	Ba	entas pr	or pagar	🕒 Evaluar	cion de pro		
acion #3 familias SAFL-L - PowerPoint	€ Buscar					Inic. ses.	- 0	×			1			
Diseño Transiciones Animaciones	Presentación con di	apositivas Grabar	Revisar Vista	Ayuda			😭 Compa	utir ~			16	- 6		¥
N K <u>5</u> 5 db <u>84</u> - Aa - Faete	$A^{*}   A_{P}   \equiv =$ $\underline{A}^{*}   \underline{A}_{P}   \equiv \equiv \equiv$		10 - 103 - 20 - 10	Organizar Dibujo	E-	© Buscar d <sup>b</sup> <sub>c</sub> Reemplazar → D Seleccionar → Edición	Complementos Complementos		I		a Paola			
ğ	No adicione sol, az Prefiera siempre Acreaue dista	e malerna a su bebé tod bicar, ní condimentos a la o los alimentos preparació mente a las comistas una s. havivos y quedess frete	is preparaciones os en casa. o porción de alimente		COTTO			I		Luisa	Herná	ndez		*
- 6	7	alimentación saludable a los alimentos al bebe alimentación perceptiva									D		)	



### Talk March 22



Teniendo en cuenta que te encuentras en este periodo de lactancia, te invitamos como familia a participar de estos ciclos de capacitación con temas de interés. En esta oportunidad, se hablará de la normativa que protege la maternidad y lactancia materna en Colombia y todo lo relacionado con alimentación complementaria



#### Talk June 26



Teniendo en cuenta que te encuentras en este periodo de lactancia, te invitamos como familia a participar de estos ciclos de capacitación con temas de interés. En esta oportunidad, se hablará de los beneficios de la lactancia materna, los cuidados de la madre y el bebé (signos de alarma) y las técnicas y posiciones para el amamantamiento

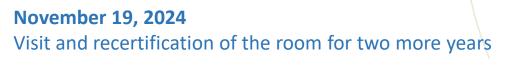


Otalora Baguero - Grupo Energía

rgía Bogotá

### Lactation room – certification

#### GEB's lactation room was recertified in 2024 (certification valid for 2 years)







#### Formulario de seguimiento a las Salas Amigas de la Familia Lactante

Frente a cada pregunta, en SÍ o NO asigne el puntaje correspondiente conforme a los siguientes valores: SI = 25 NO = 0. Luego haga la sumatoria de cada numeral y los valores obtenidos escríbalos en el cuadro de consolidación, defina compromisos y cierre la visita firmando el formato. thinks which the m

Con el fin de realizar el seguimiento a los hallazgos de la visita, y en caso de requerirse diligencie la columna "observaciones".

Empresa: TGI . SEB Sale Compartide

Fecha: 19/11/2029

SUMATORIA TOTAL: NUMERAL 1, 2 Y 3	300
Evaluación del seguimiento	

BO

CONCEPTO	VALOR	PROCEDIMIENTO
SATISFACTORIO	200- 300	Programar visita de seguimiento bianual
CUMPLIMIENTO PARCIAL	51-199	Programar visita de seguimiento para corroborar plan de mejoramiento dentro de los 6 meses siguientos a la visita para corroborar el cumplimiento del plan de mejoramiento.
INCUMPLIMIENTO	50 o menos	Programar visita de seguimiento para corroborar plan de mejoramiento en el mes siguiente a la visita para corroborar el cumplimiento del plan de mejoramiento.

Nombre de quien realiza la aplicación de lista de chequeo Rivia Alexandro Erazo Barro Profesión Uutricionista Registro de tarieta profesional T P · 05853



Grupo nergia Boqota



Para uso restringido GRUPO ENERGÍA BOGOTÁ S.A. ESP. y sus filiales Todos los derechos reservados. Ninguna parte de esta presentación puede ser reproducida o utilizada en ninguna forma o por ningún medio sin permiso explícito de GRUPO ENERGÍA BOGOTÁ S.A ESP. o sus filiales como propietarias de la información.